

# Download Basic Counselling Skills Training Manual

Overview. Basic Personal Counselling is an easy to read introduction to counselling that reflects current best practice. It teaches core interviewing skills and provides a framework of practical examples and training group exercises to enable students to progressively build a skill repertoire. Basic Personal Counselling is an easy to read introduction to counselling that reflects current best practice. It teaches core interviewing skills and provides a framework of practical examples and training group exercises to enable students to progressively build a skill repertoire. 1 Foreword Permission has been given by the Australian Counselling Association (ACA) for the use of the document "Recognition of Counselling Training Courses: ACA Course Training Counselling Skills. Stages of an interview Interviews require the use of skills – for example, careful listening, noting nonverbal cues, monitoring the progress of what a client is saying while participating and taking notes, and require careful planning and preparation. A counselling interview (taken from ICCS Diploma of Counselling Participants' manual) is structured by a number of ...