

Download The Vitamin Pushers Consumer Health Library

Portions of Quackwatch are updated several times a month. Most recent update: April 3, 2019 All articles on this Web site except government reports are copyrighted. The world of independent media, all in one place. Stephen Joel Barrett (/ ? b æ r ? t /; born 1933) is an American retired psychiatrist, author, co-founder of the National Council Against Health Fraud (NCAHF), and the webmaster of Quackwatch. He runs a number of websites dealing with quackery and health fraud. He focuses on consumer protection, medical ethics, and scientific skepticism

Figure 2 Thirty-three Thai children ages six to thirteen with marginal zinc and vitamin A status were randomized in double-blind fashion to receive a placebo, 25 mg/day zinc, 1300 international units/day vitamin A, or a combination of the two supplements for six months. The figure shows the proportion of children with abnormalities in the conjunctiva of the eye, a characteristic sign of ...